



SUPPORT

**An introduction to
Self-Directed Support SDS
EASY READ**

Support for disabled people



About Us

GCIL is a Disabled People's Organisation. We have been helping disabled people in the west of Scotland for over 30 years.

Self-Directed Support - SDS

If you get social care support in Scotland, you have choice and control over how you receive it. Support can be made to fit your needs and wishes. This is called Self-Directed Support or SDS.

We can help you to

- understand Self Directed Support
- make choices about the support you want.
- get information about employing staff or using care services.

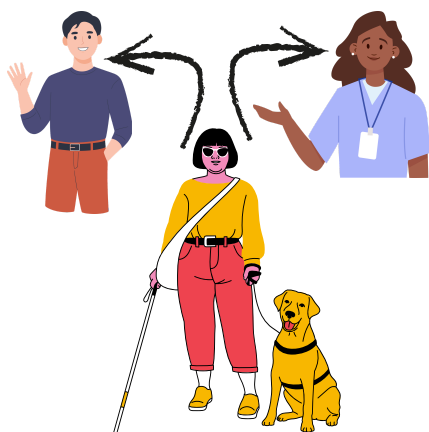
Self-Directed Support - Your choices



Option 1 - Direct Payment

You get your budget as money you can use to:

- Employ a Personal Assistant (PA), or
- Buy support from a care provider.



Option 2 - You choose the provider

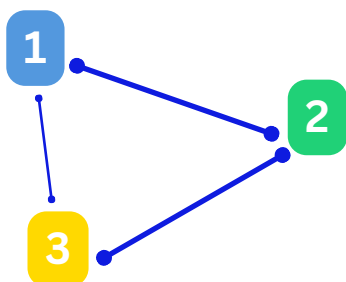
You pick the care provider you want.

The Local Authority arranges and pays for it using your budget.



Option 3 - The local authority arranges support

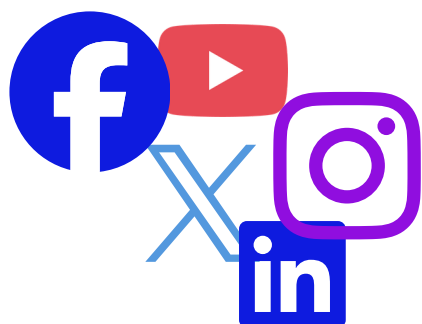
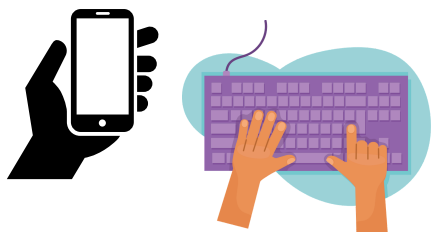
You ask the Local Authority to choose, arrange, and pay for your support.



Option 4 - Mix and match

You can use a mix of Options 1, 2, and 3 for different types of support in your plan.

Contact Information



Contact us at our head office.

We will put you in touch with your closest office.

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Social media

Follow us online:

Facebook • X • Instagram • LinkedIn • YouTube

Website

There is lots of information on our website:
www.gcil.org.uk

