



Glasgow Centre
for Inclusive Living



GCIL SUPPORT

**An introduction to
Self-Directed Support**

An introduction to Self-Directed Support (SDS)

GCIL (Glasgow Centre for Inclusive Living) is an established Disabled People's Organisation, with over 30 years of experience assisting disabled people across the west of Scotland to get the support they need in a way that suits them.

If you are eligible for social care support in Scotland you can have choice and control over how you receive these services. Support services can be tailored to your individual needs and wishes.

This is called Self-Directed Support.

We can offer help with

- Information about Self-Directed Support to ensure that you are able to make an informed choice.
 - Choosing a care provider that meets your needs.
 - The safe recruitment of Personal Assistants (PAs), or purchasing support from care providers.
 - Understanding the responsibilities involved in employing staff.
 - Setting up a payroll provider and insurance.
 - The ongoing responsibilities of managing your own budget.
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Self-Directed Support provides you with a personal budget and offers your 4 options for how your support can be purchased and arranged.



Option 1

The Local Authority provides you with your personal budget as a Direct Payment (DP) and you can use the money to employ someone to support you, called a Personal Assistant (PA). Or you can buy your support from a care provider.

Option 2

You choose the care provider that you want to support you and the Local Authority will arrange and pay for your chosen service using your personal budget.

Option 3

You ask your Local Authority to choose, arrange and pay for your service using your personal budget.

Option 4

You choose a combination of options 1, 2 and 3 for each type of support identified within your support plan.

Contact Information



Contact us at your local office to find out more about your options for Self-Directed Support and how GCIL can help.

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